

Haris Shabbir, Physiotherapist

Rahim Yar Khan, Pakistan, +92300-0878461, harisshabbir123@yahoo.com

SUMMARY	Dedicated Physiotherapist with a focus on delivering tailored treatment for orthopedic and neurological patients. Bringing over two years of experience in both clinical and rehabilitation settings, alongside exceptional skills in manual therapy and exercise rehabilitation. Successfully improved patient mobility and recovery outcomes, creating individualized plans that cater to unique needs.
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WORK EXPERIENCE

01/2025 – 06/2025	Assistant Physiotherapist, Private Hospital	Rahim Yar Khan, Pakistan
	- Delivered individualized treatment plans for orthopedic, neurological, and post-surgical patients. - Utilised manual therapy, electrotherapy (TENS, ultrasound), and exercise rehabilitation techniques to enhance patient recovery.	
06/2022 – 07/2024	Internee, Physio Rehab Clinic	Rahim Yar Khan, Pakistan
	- Completed two year internship during academic progression. - Instructed patients on the effective use of mobility aids (e.g., walkers, braces, prosthetics,Rehab care plan,Home based exercises) and tailored therapy techniques like electrotherapy, hydrotherapy, manual therapy, rehabilitationto to patient's to meet individual needs.	

EDUCATION

2019 – 2024	Royal College of Physiotherapy DPT, Doctor of Physiotherapy	Rahim Yar Khan, Pakistan
	Doctor of Physiotherapy from Royal College of Physiotherapy affiliated with University of Sargodha.	
2015 – 2016	Al-Hayyan Higher Secondary School FSc, Pre-Medical	Zahir Pir, Pakistan
	Higher Secondary School education specialising in Pre-Medical subjects.	
2013 – 2014	Al-Hayyan Higher Secondary School Matric, Science	Zahir Pir, Pakistan
	Completed Matriculation with a focus on Science subjects.	

SKILLS	Musculoskeletal Assessment and Treatment	Exercise Prescription and Therapeutic Exercise
	Post-surgical Rehabilitation	Manual therapy
	Electrotherapy	Gait Analysis and Training
	Exercise rehabilitation	Resistance to stress
	Communicative	SPSS 17
	Productive	Focused
	Organizational capacity	Microsoft Office (Word, Excel, PowerPoint)

LANGUAGES	Punjabi	Urdu
	English	